

## What if my baby has a condition?

There is help. Depending on the diagnosis, there are many treatments available such as medication, changes to your baby's diet, or corrective surgery. You will be given resources on finding a specialist to help care for your baby.

## What if I have other questions?

Contact your baby's health care professional. Additional information is available at:

[www.newbornscreening.nj.gov](http://www.newbornscreening.nj.gov)

[www.babysfirsttest.org](http://www.babysfirsttest.org)



### Newborn Screening Laboratory

P.O. Box 371  
Trenton, NJ 08625-0371  
(609) 530-8371, Fax: (609) 530-8373  
[njnbs.results@doh.nj.gov](mailto:njnbs.results@doh.nj.gov)

### Newborn Screening Follow Up

P.O. Box 364  
Trenton, NJ 08625-0364  
(609) 292-1582  
[njnbsfu@doh.nj.gov](mailto:njnbsfu@doh.nj.gov)

### Early Hearing Detection and Intervention Program

P.O. Box 364  
Trenton, NJ 08625-0364  
(609) 292-5676  
[ehdi@doh.nj.gov](mailto:ehdi@doh.nj.gov)

### Critical Congenital Heart Defects Program

P.O. Box 364  
Trenton, NJ 08625-0364  
(609) 292-1582  
[njnbsfu@doh.nj.gov](mailto:njnbsfu@doh.nj.gov)

[www.newbornscreening.nj.gov](http://www.newbornscreening.nj.gov)



# Newborn Screening



## These Screening Tests Could Save Your Baby's Life

**Bloodspot Screening**  
Since 1964

**Hearing Screening**  
Since 2001

**Pulse Oximetry Screening**  
Since 2011

# These Screening Tests Could Save Your Baby's Life

## What is Newborn Screening?

Newborn screening is a group of three separate screening tests that check for serious but treatable health conditions that are not obvious at birth. Testing usually happens between 24-48 hours after birth.

**The three screenings are: Hearing, Pulse Oximetry, Bloodspot.**

## Why does my baby need Newborn Screening tests?

Most babies are healthy when they are born. We test all babies because a few babies look healthy but have a rare health problem. If we find out early, we can help prevent serious problems like physical disabilities or death.

## Know your baby's results!

Before you leave the hospital, ask if the newborn screening tests were done for your baby. If you leave the hospital before 24 hours or if your baby was not cared for in a hospital, please make arrangements with your baby's health care professional to have the testing done.

Bring the parent copy of the bloodspot form with you to your baby's first appointment.

BABY'S LAST NAME (PRINT) [ ] X X X X X X X X

**Instructions to Submitter:**  
After entering the newborn's name, remove this copy and give it to the parents of this newborn.

**Parents,**  
Your baby has had his/her Newborn Screening blood test. This is an important public health service that can protect your baby. Infants may look healthy but have certain rare health problems which can be found by this test.

A small amount of blood was taken from your baby's heel and sent to the New Jersey Newborn Screening Laboratory for testing. The hospital has given you the brochure "These Tests Could Save Your Baby's Life." This brochure has more information about Newborn Screening.

Please take this notice to your baby's doctor, who can get a copy of the results by contacting the Newborn Screening Laboratory.  
*Por favor lleve esta carta al doctor de su bebé.*

**State of New Jersey  
NEWBORN SCREENING**

New Jersey  
Department of Health  
<http://www.newbornscreening.nj.gov>

PARENT COPY

## How will my baby be tested?

**The hearing test checks for hearing loss.**  
*The results of these tests are available right after the test is done.*



**The pulse oximetry test checks for Critical Congenital Heart Defects (CCHD).**  
*The results of these tests are available right after the test is done.*



**The bloodspot tests a small sample of blood to check if a baby is at risk for certain rare disorders.** *The results of these tests are available a few days later.*



## What happens when my baby needs another test?

Your baby's health care professional, the hospital where your baby was born, or the State Newborn Screening Program will call or send a letter to explain the next steps.

- ❖ **Make sure the hospital has your correct address and phone number.**
- ❖ **Go in for repeat testing right away.**

## Track your baby's Newborn Screening results

<b>Bloodspot Screening</b>	Passed <input type="checkbox"/>	Not Passed <input type="checkbox"/>
----------------------------	------------------------------------	--

<b>Hearing Screening</b>	Passed <input type="checkbox"/>	Not Passed <input type="checkbox"/>
--------------------------	------------------------------------	--

<b>Pulse Oximetry Screening</b>	Passed <input type="checkbox"/>	Not Passed <input type="checkbox"/>
---------------------------------	------------------------------------	--

This brochure is funded by a grant from the Association of Public Health Laboratories.